**How to get a State Resolution Passed Honoring World Lymphedema Day or an Individual**

Each state can benefit from becoming strong advocates to encourage state legislatures to take note of this cause. Each year, New York State's Assembly and Senate pass resolutions honoring [World Lymphedema Day on March 6th](https://lymphaticnetwork.org/news-events/watch-us-senate-declares-march-6-world-lymphedema-day/). They also pass a resolution to honor an individual in New York State who has played a pivotal role in the fight against lymphedema and lymphatic diseases. This is something that can be done in every state by Lymphatic Education & Research Network (LE&RN) State Chapters. 

The key to doing this is to first identify a legislator who will listen. Start with your local legislators. They will be most inclined to respond to one of their constituents. Find their office and contact them. You can mail or e-mail. However, a phone call or personal introduction will be more effective. Seek out public appearances on their calendar and introduce yourself. You can also plan to go to one of their fundraisers to meeting them in person. There is nothing more compelling than hearing our story first-hand. Seek out other influential members of your community who know legislators and ask for introductions. There is no magic here. It is simply about bringing our wishes and cause to the attention of public servants whose job it is to listen to the concerns of constituents. Every state legislature passes resolutions. It costs them and the state nothing, but is a gesture of goodwill to its people. Once you find someone who will listen, you will likely have little difficulty having your efforts rewarded.

Regarding resolutions honoring individuals: children honorees have a huge impact on legislative bodies that are just being introduced to our cause. You may consider honoring a Youth Ambassador from your state. This can be someone who raised funds, helped plan an event, or has spread the word through the press. LE&RN can provide you templates for resolutions so that you can provide your own draft to your legislator. They will likely ask for this.

Since you will be acting as an Ambassador from a LE&RN Chapter, be sure to submit your legislative letter to LE&RN first so that we are aware of your efforts. We will help in every way we can and can then update you on activities in other states. Here’s to your success!

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